



Starters

Soup of the Day

Goats Cheese Tart

Japanese Style Coconut Prawns with Sweet Chilli sauce

Warm Caesar Salad with Bacon

Forest Fruits, Melon & Orange Cocktail



Main Courses

Pasta Carbonara

Sliced mushrooms & ham cooked in a creamy sauce with spaghetti pasta

Medallion of Pork Fillet

Pan fried medallions served with a cream sauce

Fillet Steak

cooked to your liking & served with a choice of:

Chasseur Sauce

Onion, red wine & mushroom sauce

Pepper Sauce Madagascar

Green peppers in a cream & brandy sauce

Maitre D'Hotel

Garlic & herb butter

Au Poivre

Topped with green peppercorn, mustard & cream

Home Made Cottage Pie

Minced beef topped with mashed potatoes

Your choice of Plaice or Cod cooked to your liking

Poached, Steamed or Grilled & topped with parsley,
oregano, chilli & lime dressing

Your choice of Breaded Cod, Plaice or Scampi topped with lemon

Mushroom Stroganoff with Pilaf rice

Fresh mushrooms cooked in a cream & paprika sauce served on a bed of rice



Main Courses Continued

Spinach & Ricotta Cannelloni Verdi au gratin

Omelettes with a choice of fillings

Fresh omelettes cooked with a choice of fillings:
Tomato, Mushrooms, Ham, Cheese or Onion

Salad of your choice

Chicken, Ham, Turkey, Tuna, Egg or Corned Beef

Ploughman's Salad

Selection of cheeses served with salad, baguette & sweet pickle

All served with seasonal vegetables and croquette,
creamed, jacket, new or chipped potatoes

Desserts

Pecan Pie

Pecans in a thick treacle based tart

Strawberry Cheesecake

Biscuit base topped with a creamy strawberry cheesecake topping

Seasonal Fruit Crumble

Seasonal fruit mix topped with crumble & baked until golden

White Chocolate Truffle Torte

A chocolate biscuit base with chocolate cream truffle

Sherry Trifle

Sherry soaked sponge with fruit & custard topped with cream

Fresh Fruit Salad

Fresh fruit cut & served in fruit juice

Various Ice-Creams

Vanilla, chocolate & strawberry

Fruit Sorbets

Lemon, mango or orange

Assortment of British & Continental Cheeses



Get in touch

We would be delighted to help you with any questions you may have.

Please contact us by

Tel: 01323 413892 or

Email: info@michelham.com

Many people are surprised to learn that the tranquil Michelham Unit is a hidden oasis within the Eastbourne District General Hospital (DGH). Some medical procedures can only be offered in private units that have NHS 24-hour care and emergency services on-site.

You can find us on level 2 of the central block of Eastbourne District General Hospital.

